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ABSTRACT OF THE DISCLOSURE

An exercise device. The exercise device includes a belt type treadmill, a wheel type treadmill, a transmission mechanism, and a panel. The wheel type belt type disposed adjacent the treadmill is to treadmill and includes a plurality of wheels, a plurality of steps coupled to the wheels, and a transmission shaft driving the wheels. The transmission mechanism has a first roller shaft and a second roller shaft, coupled with the transmission shaft. The first and second roller shafts drive the belt type treadmill. The panel is coupled to the belt type treadmill, providing different operation settings for the exercise device. The device provides a more varied exercise experience.

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